

# North Gwent Cardiac Rehabilitation Service

Annual General Meeting

October 2021

# Purpose of Presentation

- ▶ To provide an overview of the activities undertaken by the charity since last AGM
- ▶ Last AGM held in Oct 2019
- ▶ No AGM since due to covid restrictions

# Impact of Covid Lockdown

- ▶ Oct 2019 to March 2020 business as usual
- ▶ Then came covid lockdown and all classes stopped
- ▶ Charity still had responsibility to pay overheads but with no chance of generating funds
- ▶ Trustees met regularly via zoom and decision taken to move forward with plans that had been in the pipeline for some time

# Rationale for Changes

- ▶ Needed to develop a service model that could be sustained
- ▶ Work of the charity largely governed by the Health Board agenda
- ▶ Old service model had clinical limitations and little opportunity to introduce quality improvements
- ▶ Financially the old model was unsustainable (Min of 10k shortfall every year)
  - ▶ Need for out of hours
  - ▶ Introduce web based approaches
  - ▶ Introduce individual assessment sessions
  - ▶ Improve phase three to phase four referalls

# Activities During Lockdown

- ▶ Trustees continued to meet
- ▶ Used shut down to discuss and plan changes that needed to be made
- ▶ Wrote a paper 'A Case for Change' that outlined the changes
- ▶ Consulted with health board and relevant others
- ▶ Worked with health board to accommodate needs of tutors
- ▶ Undertook financial profiling
- ▶ Advertised for new tutor posts
- ▶ Reviewed current equipment and bought new equipment
- ▶ Liaised with venue providers and agreed fees
- ▶ In essence did all we could to prepare for reopening of classes

# Post Covid

- ▶ Classes reopened mid July 2021
- ▶ Number gradually increasing
- ▶ September saw highest numbers to date
- ▶ New tutors have settled well

# Challenges

- ▶ Need to evaluate impact of changes
- ▶ Some venues still appear to be struggling
- ▶ Out of hours still worthwhile pursuing
- ▶ Set objectives for the next 12 months
- ▶ Fundraising is as always a major concern

